

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skill Domain	Clinical Care
Skill Category	Client Health Status
Skill Standard Title	Monitor vital signs, height, weight and/or BMI
Skill Standard Descriptor	Monitor client's vital signs, height, weight and/or BMI, by measuring, recording and reporting the data gathered. Check against baseline. Report and assist with intervention for any deviation from baseline
Skills Proficiency Level	Level 1 <i>Previously 'Basic I' under CCSSF</i>
Source Code	CCSSF-CC-CHS-1001-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Communication with client, which may include: ○ Greeting ○ Having conversations ○ Checking on client readiness ○ Creating small talk ○ Acquiring information ○ Checking history (e.g. past events, actions, etc.) • Vital signs, which may include: ○ Temperature ○ Oxygen saturation ○ Personal information ○ Medical history ○ Pulse and respiration rates ○ Pain level • Purpose of collection of vital signs, height, weight and BMI, which may include: ○ Routine ○ Doctor's orders ○ Home visits ○ Times of patient discomfort (e.g. chest pain, breathlessness, etc.) • Measurement tools used in relation to collection of vital signs, height, weight and BMI, which may include: ○ Thermometer ○ Blood pressure monitor • Variations in collection of vital signs, height, weight and BMI for children, teens and adults, which may include: ○ Tools to be used ○ Processes of collection

	• Accepted baseline charts / ranges for vital signs, height, weight and BMI, which may include: ○ Pain severity scales ○ Patient records • Standard precautions, which may include (not limited to): ○ Using PPE ○ Sanitising of hands ○ Cross contamination ○ Disposal of hazardous materials • Documentary requirements for collection of vital signs, height, weight and BMI, which may include: ○ Forms ○ Information ○ Colour coding ○ Placement of stickers (e.g. allergies, personal information, etc.) • Organisational policies relating to: ○ Collecting and documenting client's vital signs, height, weight and/or BMI ○ Communicating with client ○ Escalating potential non-conformance to baselines ○ Assisting in interventions in consultation with qualified personnel • Provisions of National Infection Prevention and Control Guidelines for Long Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene • Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: • Interpret orders for collection of vital signs, height, weight and BMI • Communicate with client in accordance with policies and procedures, which includes: ○ Asking for personal identify information ○ Explaining the processes

	○ Assuring client ● Use measurement tools in accordance with product specifications ● Compare measured information against accepted reference charts / baselines ● Document vital signs, height, weight and/or BMI in accordance with organisational requirements ● Escalate potential non-conformance to baselines in accordance with organisational procedures ● Assist in interventions in consultation with qualified healthcare professional in accordance with legal and organisational requirements
Person Centred Care <i>This refers to having a person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: ● Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: ● Interpret orders for collection of vital signs, height, weight and BMI ● Use measurement tools in accordance with product specifications ● Compare measured information against accepted reference charts / baselines ● Compare measured information against accepted reference charts / baselines ● Escalate potential non-conformance to baselines ● Assist in interventions in consultation with qualified healthcare professional